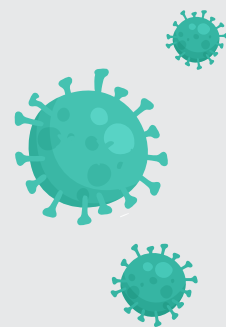


How to Tackle Flu Season in Your Workplace



Seasonal influenza AKA “the flu” makes its debut every fall and sticks around until about May. With some early preparation, you can make a difference in how flu season plays out in your workplace.

Here’s a look at how to tackle the flu season headfirst this year:

Plan Ahead

There’s no surprise that flu season is coming. It happens every year, like it or not. It starts in the fall and ends in the spring, sometimes as late as May. Plan ahead to cross-train employees to help out when workers are sick; stock up on plenty of tissues, hand soap, and sanitizer. Also, consider planning a flu shot clinic on-site as a flu prevention measure.

Spread Awareness About Flu Shots

Now is the time to start discussions around flu shots. Some pharmacies already have the shots in stock for the upcoming flu season. Let your team know if you plan to host a flu clinic and/or where they may receive one off-site if it’s also covered by your company’s health insurance.

Keep Prevention Necessities on Hand

Flu season is the prime time for germs to spread and make everyone sick. Keep tissues, hand soap, hand sanitizer, and cleaning agents on site. Ask employees to wipe down high-touch areas daily including keyboards, phones, door knobs, and cell phones.

Screen Vendors for a Flu Shot Clinic

Planning for a flu shot clinic? It’s important to check out your vendors and do research if you plan to have a flu clinic for your employees. By doing so, you can be sure you’re getting the services of a reputable company. It will also ensure the right partnership.

Don’t Forget Remote Workers

If you have remote workers, don’t forget about them when it comes to flu season. You might opt to send them a flu survival care package with tissues, vitamin c supplements, hand sanitizer, and more.

Relay Your Sick Policy

Nobody wants the flu. You especially don’t want to experience the full force of flu season in the workplace, either. Reiterate your sick leave policy. Ask employees to stay home until they’re 24 hours fever-free.

The flu alone costs employers roughly \$10.4 billion in direct costs for hospitalizations and outpatient visits for adults each year. That’s not even taking into consideration Covid cases. Keep your workplace healthy this season by prepping, planning, and presenting the facts when it comes to flu season!

